

### 5 Star Medical Club

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SURVEILLANCE FOR RISKS OF AGING

The focus and sharpness of those days, the stamina and youthfulness— if you could regain even a little of that, you wouldn't miss the chance.

We all have that desire, and now we can make it a reality with the latest in medical science.

Anticipating the inevitable process of aging, detecting health risks before they occur, and responding appropriately—here we offer the latest in medical solutions.

A supreme medical service available exclusively to select members: 5Star Medical Club.





### 5STAR MEDICAL CLUB

We propose a new value called "preventive care" aimed not at starting treatment after symptoms appear but at elevating your future quality of life to its highest level. Through a highly functional medical checkup, we predict your body's future condition, and with cutting-edge regenerative medicine using stem cell culture technology, we remove aging factors, guiding you to beautiful skin and a healthy body, all in a one-stop luxury membership club.

# MEDICAL SERVICES

# STEM CELL

### State-of-the-art anti-aging to rejuvenate youth

Stem cells cultivated under strict management within our clinic group are administered intravenously according to patients' concerns. Stem cells have the property of actively transporting themselves to damaged tissues and repairing them. Through intravenous drips, stem cells can efficiently reach various damaged or inflamed areas of the body, offering the best possible effects. Additionally, by introducing stem cell culture supernatant, rich in growth factors produced during cultivation, into the body, we can eliminate aging factors (SASPs) and aim to restore the functions of damaged tissues and cells.

#### 5STAR MEDICAL CLUB EXCLUSIVE CELL PROCESSING AND CULTURING FACILITY

The stem cells and stem cell culture supernatant used in treatments are produced at 5Star Medical Club's exclusive cell processing and culturing facility. This facility is a dedicated cleanroom that maintains the required level of cleanliness for cell culturing. It meets strict criteria and has been authorized by the Minister of Health, Labour and Welfare for the manufacturing of specified cell products. Under the supervision of a regenerative medicine specialist with top-level clinical experience in Japan, specialized cell culture technicians are responsible for culturing the cells within the clinic, including performing the final cell inspections. This ensures that the condition of the patient's cells is closely monitored daily. The dedicated technicians carefully handle the culturing process manually, constantly checking the state and growth of the cells and providing the optimal conditions tailored to each individual cell. This allows for the cultivation of high-quality cells, enabling various treatments to be carried out effectively and safely.









# HUMAN DOCK

### The ultimate medical check to protect your future health

This VIP physical exam includes state-of-the-art and highly functional MRI and CT, DWIBS testing that targets cancer, a brain health assessment program that quantifies the risk of dementia, and mRNA expression analysis testing that enables ultra-early detection of cancer by analyzing gene sequences. It thoroughly checks the state of 'aging' throughout the body, evaluates the risk of diseases such as 'cancer,' 'cerebrovascular and heart diseases,' 'dementia,' and 'lifestyle-related diseases,' and utilizes IT to analyze monitoring data, providing optimal treatment and advice.

# BLOOD PURIFICATION

#### Reset your body and regain true health

This cutting-edge therapy works similarly to dialysis, where blood is extracted from the body, passed through special filtration devices to remove harmful substances such as bad cholesterol, triglycerides, inflammatory substances, and pathological permeability factors, then purified and returned to the body. It's gaining global attention for its groundbreaking approach to improving health conditions and preventing vascular diseases and pathological aging.

# NMN

### The secret to vitality and longevity, rejuvenating from the cellular level

NMN is a substance naturally found in the human body, and when ingested, it is believed to slow the aging process and activate the central nervous system. This potent compound can be administered via subcutaneous injection or inhaled through the nose, delivering it's active ingredients quickly and directly to the hypothalamus.

# CANCER

### A comprehensive approach to cancer through advanced medical technologies

We tackle cancer using various advanced medical treatments, including NK cell therapy, gene therapy, microwave ultrasound therapy, and cancer-targeted vaccines. We also provide comprehensive support, including issuing medical visas for treatment, and referrals and hospitalization procedures at specialized hospitals when surgeries are necessary.





### Medical Coordination Services

By becoming a member of the 5Star Medical Club, you can access cutting-edge anti-aging treatments and regenerative medicine, which are typically expensive, at a more affordable price. We also provide comprehensive support for patients seeking the latest advanced medical care, collaborating with renowned university hospitals and specialized clinics in Japan to make rejuvenation treatments more accessible.

#### Treatment and Hospitalization Coordination

We assist in booking treatment and hospitalization at top-tier hospitals in Japan and provide interpreting and concierge support as needed.

#### Medical Visa Issuance Support

We offer specialized support for medical visa issuance procedures and accepting personal guarantees for receiving treatment in Japan.

### Sharing Medical Information

Our club's doctors coordinate with the patient's local doctor or hospital to share relevant medical information, ensuring smooth treatment progress.

### Remote Consultation Support

Even if you cannot travel to Japan, we have a system in place to provide remote consultation and medical support.

#### Multilingual Communication Support

Our international department offers multilingual support to swiftly handle all inquiries and provide assistance.

### **EXCLUSIVE FACILITY**

The 5Star Medical Club utilizes three special facilities to guide your body toward maximizing the performance of regenerative medicine using stem cells.







### DOCTORS

The health of 5Star Medical Club members is supported by a team of specialists and professionals. Experts from various fields collaborate to provide each patient with the best care through advanced regenerative medicine.



NORIMASA TSUKADA

Conducted lung cancer treatment research in the Department of Thoracic Surgery at Keio University, later serving as Head of the Respiratory Department at Kawasaki Municipal Hospital. With extensive clinical experience as a certified surgeon, he subsequently participated in the setup and medical services of the Roppongi Hills Clinic, a member-only clinic supported by SBI, and a similar clinic affiliated with Columbia University in the U.S. In healthcare, he also worked at the National Institute of Advanced Industrial Science and Technology. Currently, as Medical Director at CLINIC 9ru, THE PREVENTION CLINIC TOKYO, and BiOSTYLE CLINIC, he is dedicated to advanced medical treatments while also engaged in cutting-edge interdisciplinary research as a Specially Appointed Professor at Shinshu University. Graduated from Teikyo University School of Medicine.





Chief Academic Advisor
YOSHITAKA FUKUZAWA

A former professor and honorary professor at Aichi Medical University, he is a specialist in hepatobiliary and pancreatic diseases. He has served as a guest professor at Munich University and president of several academic societies. He is also the chief supervisor of a health and medical promotion project. He has been selected six times as one of The Best Doctors in Japan and is now the Chief Academic Advisor at CLINIC 9ru and THE PREVENTION CLINIC TOKYO.



Director
HIROHISA OOKAME

A graduate of Nihon University's Faculty of Medicine, he trained at Nihon University's Department of Gastrointestinal Surgery and gained further expertise at Higashimatsuyama City Hospital and Mitsuwadai General Hospital. After obtaining his Ph.D. (Mh.D), he became Director of the Outpatient Surgery Department at Nihon University and Chief Surgeon at Tsudanuma Chuo General Hospital. Later, after serving as a clinician for dendritic cell therapy cancer treatment at a cancer immunotherapy clinic in Tokyo and as the director of a members-only medical examination facility, he became the director of THE PREVENTION CLINIC TOKYO, where he is engaged in the treatment and prevention of cancer recurrence incorporating cancer immunotherapy.



Physician
RYOKI OHINATA

After graduating from Nippon Medical School, he completed surgical training at Tokyo Metropolitan Komagome Hospital. He is currently an instructor in gastrointestinal endoscopy and surgery at Tokyo Metropolitan Hospitals, with extensive experience in stomach cancer surgeries. He also founded a healthcare company and serves as an occupational physician. He is now affiliated with CLINIC 9ru and THE PREVENTION CLINIC TOKYO.

## Location

Fourth floor of The Peninsula Tokyo.

At the luxurious clinic on the 4th floor of The Peninsula Tokyo, we offer one-stop medical services. Enjoy anti-aging treatments in a private, members-only space that provides a relaxing escape from daily life. We also offer accommodation packages that include health check-ups and treatments.

